

# THE SUPPORT REPORT

The PFW Campus Support Staff Advisory Committee (CSSAC) Newsletter

## Summer Resource Fair

This summer, CSSAC is partnering with APSAC to host the first **Summer Resource Fair** for PFW employees!

### Why You Should Come

CSSAC and APSAC board members have gathered a variety of vendors for both on-campus and Fort Wayne community resources, including:

- Fidelity
- MetLife
- Bowen Health
- WellRec
- Purdue Extension Office
- YWCA of Northeast Indiana
- And more!

Snacks will be available, and workshops and giveaways will be happening throughout the fair!

### Save the Date

**Date:** Wednesday, May 28th

**Time:** 3:00PM to 6:00PM

**Location:** Skybridge

See you there!

## Did You Know?

You can now donate to CSSAC through PFW's Day of Giving! When setting up your donation, you can choose "CSSAC" as the recipient. This money will go towards funding CSSAC events, grants, and other programs. The Day of Giving is coming up on **April 30th**.

## Resource Highlight: Purdue Extension Office

Purdue Extension is a statewide organization with offices in all 92 counties. They provide research-based education and resources to all residents of Allen County by offering programs in agriculture and natural resources, health and human sciences, community development, and 4-H youth development.

Purdue Extension - Allen County provides education in an informal setting through workshops, webinars, and resources tailored to community needs, promoting economic and personal well-being. Beyond their many programs, they also have a gardening hotline where experts answer your questions, diagnostics for plant and insect problems, soil testing services, and the Master Gardener Display Gardens.

They also have three volunteer groups promoting education; 4-H, Master Gardeners, and Extension Homemakers. By connecting university research with real-world applications, Purdue Extension plays a vital role in fostering a stronger, healthier, and more informed community.

For more information about Purdue Extension and a listing of all of their events, visit [puext.in/allen](http://puext.in/allen).

## Benefit Breakdown: Employee Assistance Program

Employees of Purdue Fort Wayne and their immediate family members are eligible for our Employee Assistance Program (EAP). The EAP provides up to six free, confidential counseling sessions through Bowen Health.

Bowen has twelve locations throughout Northeast Indiana as well as virtual appointments available. Additionally, a Bowen EAP therapist comes to our campus on the third Monday each month in order to see appointments. To schedule a confidential appointment with Bowen, call 1-800-342-5653, when scheduling be sure to inform the scheduling specialist that you are utilizing your EAP benefit through Purdue Fort Wayne. You can also schedule by visiting [www.bowenhealth.org](http://www.bowenhealth.org) and clicking "Schedule an Appointment."

If you require assistance beyond what the EAP provides, Bowen will work with you to set up care through your health plan and their network of providers or refer you to a convenient, local in-network provider.

For more information, please visit [this webpage](#).

Questions? Contact Amy Jagger in HR at [jaggera@pfw.edu](mailto:jaggera@pfw.edu) or Bowen Health at 1-800-342-5653.

## Connect with CSSAC!

- **Submit an idea, question, or concern to CSSAC:** Submitting a [Bridge Question](#) will bring your ideas, questions, or concerns to CSSAC's attention. You can even choose to submit anonymously.
- **Learn more about CSSAC:** Visit the [CSSAC website](#) to learn more about who we are and what we do.
- **Want to serve as a CSSAC member?** Fill out the [form](#) to let us know you're interested!